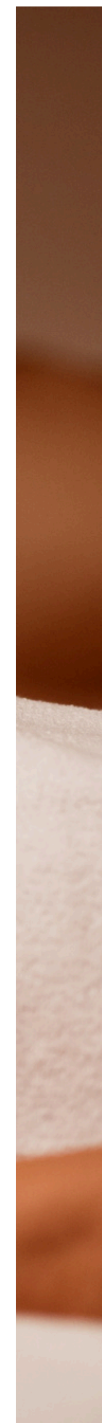




AGAPORIA

SPA AND MASSAGE
TREATMENTS

Indulge in Nature's Embrace





*Step into a world of self-discovery,
rejuvenation, and connection, where every
experience is thoughtfully curated to
foster harmony and inner peace.*

Enjoy!

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WELCOME

Feel warmly welcomed at Agaporia, where luxury harmonizes with ecological stewardship, and every step you take deepens your connection to yourself and the world around you.

Here, we don't just offer wellness; we cultivate a vibrant community of well-being that resonates long after your stay. Experience the difference that true mindfulness and nature-infused healing can make, and emerge renewed, refreshed, and transformed.

Engage in forest bathing to fully immerse yourself in the serene environment, Experience outdoor massage sessions , where skilled therapists bring relaxation to life amidst the tranquil beauty of nature. Join us for early morning sunrise meditation sessions on our idyllic yoga deck, where breathtaking views inspire a deep connection to the present moment.

*Find beauty to feed your soul,
and peace to ease your mind*

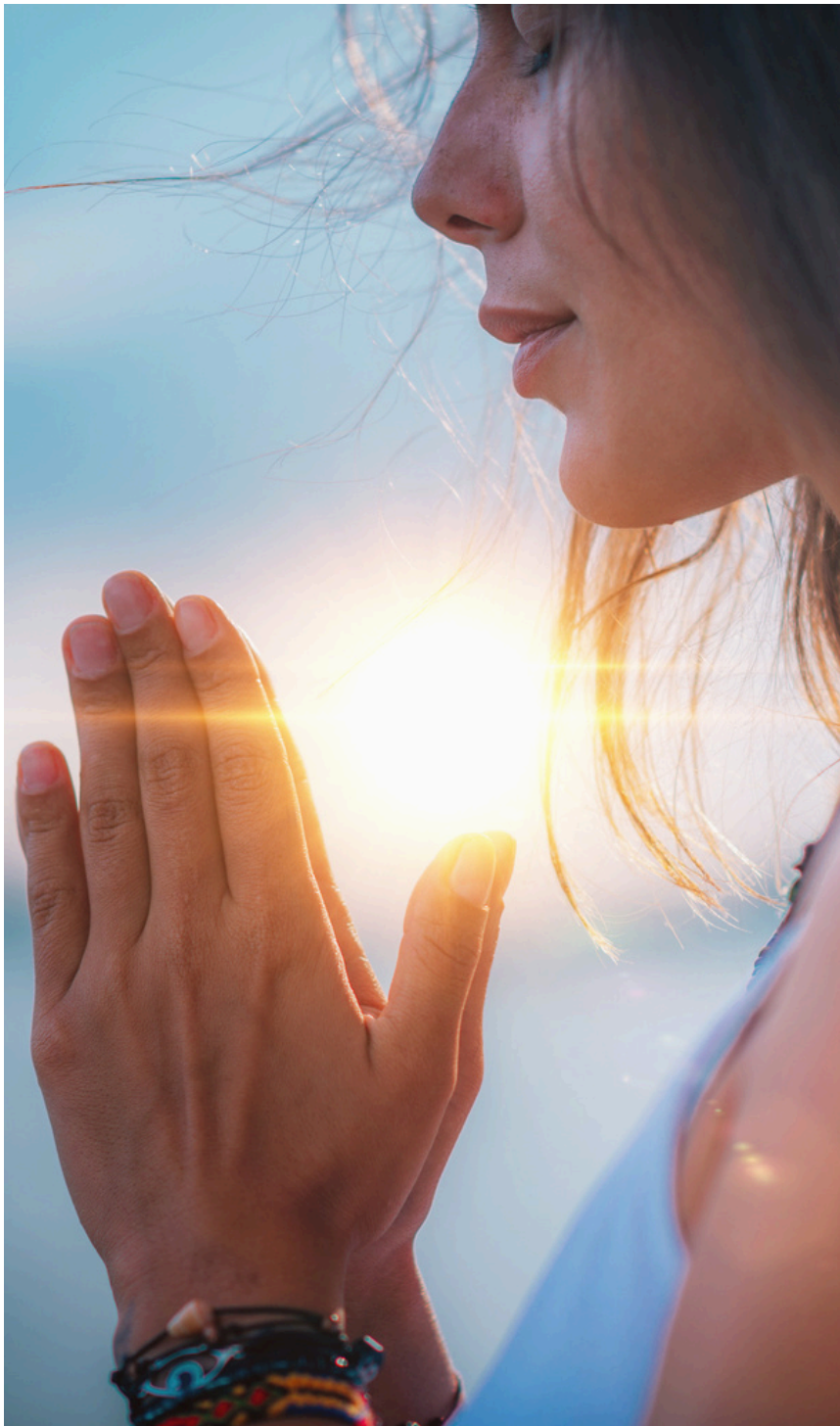
COMMITMENT TO SUSTAINABILITY

We are dedicated to sustainability in all our wellness practices. Every effort is made to minimize our ecological footprint while providing an unparalleled luxury experience. We prioritize ingredients from our gardens and partnerships with local artisans to ensure that our offerings reflect the beauty and integrity of the environment we cherish.

Agaporia's wellness environment mirrors the tranquility of the surrounding nature, featuring biodegradable design elements that create a serene atmosphere for relaxation. Private therapy rooms, retreat room, outdoor yoga deck, hammam, sauna, cold & warm baths and saltwater pool are offering panoramic views, immersing you in the beautiful surroundings.

Nature makes well





WELLNESS RESSOURCES FOR CONTINUED GROWTH

To support your wellness journey beyond Agaporia, we offer a wealth of resources and recommendations. You will receive curated materials, including:

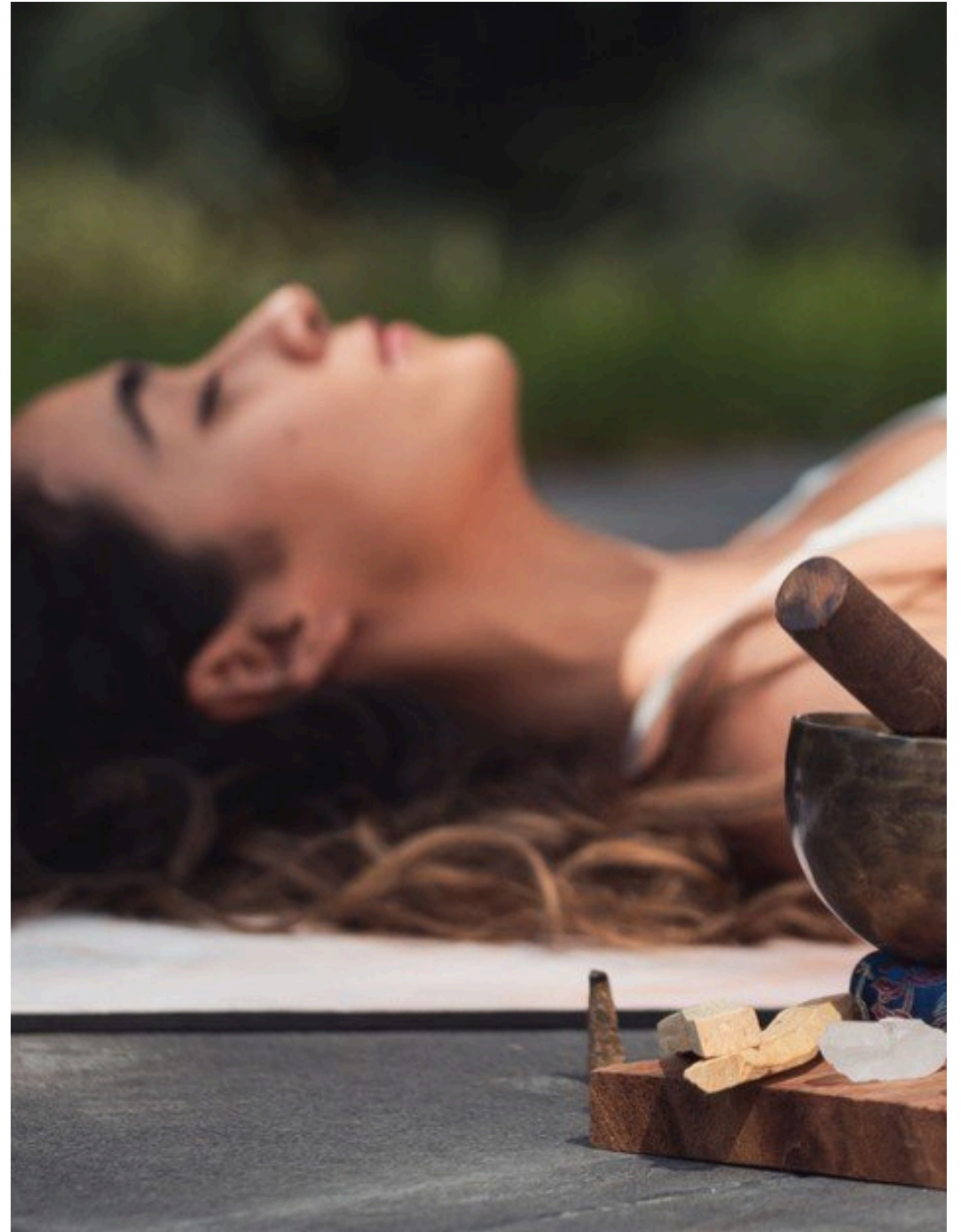
- Mindfulness Guides: Discover practical tips and techniques to incorporate mindfulness into daily life.
- Healthy Recipes: Take home recipes that focus on wholesome, nourishing ingredients, allowing you to continue your healthy eating journey.
- Recommended Reading: Explore a selection of books and materials that inspire wellness, mindfulness, and self-discovery.
- Podcasts and Apps: We suggest a list of podcasts and wellness apps designed to motivate and guide your ongoing practice of health and well-being.

CUSTOMIZABLE SPA PACKAGES

While you can explore the variety of services featured in this brochure, we invite you to embark on an even more tailored experience. Our personalized spa and massage packages are designed to meet your unique needs and aspirations.

Imagine a retreat where you can seamlessly combine treatments that address your specific concerns. Our therapists are committed to crafting a bespoke wellness journey just for you, ensuring every detail aligns with your desires.

Step into our sanctuary of tranquility, where your comfort is paramount, and let us enhance your well-being as we restore your inner balance. Experience the true essence of personalization and elevate your spa journey to extraordinary heights.



A woman with long blonde hair, wearing a wide-brimmed straw hat and a white sleeveless dress, is sitting on a wooden dock. She is facing away from the camera, looking out over a calm blue lake. In the background, there are rolling green hills and mountains under a soft, hazy sky. The text "SPA AND MASSAGE TREATMENTS" is overlaid in the center of the image in a white, serif font.

SPA AND MASSAGE TREATMENTS



SPA AND MASSAGE TREATMENTS

Agaporia's spa environment mirrors the tranquility of the surrounding nature, featuring calming design elements that create a serene atmosphere for relaxation. Private therapy rooms are equipped with panoramic views, immersing you in the beauty of your natural surroundings.

ENTER A WORLD OF SERENITY AND PROFOUND WELL-BEING

1. AGAPORIA SIGNATURE MASSAGE: TAILORED TRANQUILITY

Experience the ultimate in personalized relaxation with our Agaporia Signature Massage, a bespoke treatment designed to cater to your individual desires and needs. Your journey begins with a consultation to understand your preferences and any specific areas of tension. Our skilled therapists then harmoniously blend long, flowing strokes with gentle kneading techniques, creating a customized approach that melts away stress and revitalizes both body and mind.

Whether you seek relief from physical discomfort, a deeper connection with your inner self, or simply a moment of escape from daily hustle, the Signature Massage is your perfect retreat

2. COUPLES SPA EXPERIENCE

Share a memorable spa journey with your loved one in our luxurious couples' suite, offering side-by-side treatments designed to enhance your connection while indulging in shared relaxation.

Included Special Touches: Enjoy a complimentary glass of Tuscan natural sparkling wine and fresh fruit, creating an intimate and celebratory atmosphere.



3. RELAXING SWEDISH MASSAGE

A classic treatment focused on long, flowing strokes and kneading, promoting relaxation and stress relief. Ideal for first-time spa visitors, this massage soothes both body and mind, allowing you to fully unwind.

Add-on Options: Enhance your experience with essential oil upgrades for aromatherapy effects, adding an extra layer of tranquility.

4. THERAPEUTIC DEEP TISSUE MASSAGE

This invigorating massage targets deeper layers of muscle and connective tissue, using slow, deliberate strokes and intense pressure to alleviate tension and chronic pain. Perfect for those seeking relief from muscle strain.

Personalization: Our skilled therapists will adjust the pressure based on individual preferences, ensuring a treatment that meets your specific



5. REVITALIZING FACIAL TREATMENTS

Custom facials utilize high-quality, organic products to cater to your skin's unique needs, whether you require hydration, rejuvenation, or detoxification. Techniques include lymphatic drainage to promote circulation and enhance radiance.

Signature Treatment: The "Agaporia Essence Facial" incorporates indigenous plant extracts, specially formulated to revitalize and restore your skin's natural glow.

6. BODY SCRUBS AND WRAPS

Refresh and renew your skin with our selection of scrubs and wraps made from local, natural ingredients like sea salt, essential oils, and herbal infusions. Perfect for exfoliation and hydration.

Signature Treatment: Experience the "Agaporia Honey Ginger Wrap," utilizing nutrient-rich local ginger and honey to cleanse and nourish your skin deeply, leaving you feeling revitalized.



DAY SPA RETREATS FOR NON-RESIDENTIAL GUESTS

For those visiting Agaporia for a shorter escape, we offer exclusive day spa retreats designed to provide you with a restoring experience without the need for overnight accommodations.

THE SHAPE CLUB

An invigorating day designed for those looking to enhance fitness and overall wellness. Enjoy a combination of personal training sessions, nutritional consultations, and rejuvenating spa treatments, culminating in a holistic journey to reshape your well-being.

LAZY SUMMER DAY

Unwind and embrace leisure with a full day of pampering. Indulge in soothing massages, revitalizing facials, and a gourmet wellness lunch in a serene setting. This experience is perfect for those seeking the ultimate relaxation escape.



A scenic landscape at sunset. The sky is filled with dramatic, colorful clouds in shades of orange, pink, and purple. The sun is low on the horizon, casting a warm glow over the scene. In the foreground, there is a grassy field with several small, gnarled trees. In the middle ground, a vineyard with rows of grapevines is visible. The background consists of rolling hills and mountains under the sunset sky.

Book Your Wellness Journey Today!

Connect with yourself at Agaporia, where every experience is designed with intention and care. For reservations or inquiries, please contact us:

Phone:

Email: reservations@agaporia.com

Website: www.agaporia.com

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